

Join us as we celebrate National Sleep Awareness Week[®] at our

Sleep Fair

Thursday, March 6 • 10 a.m. to 8 p.m.

Millions of Americans routinely fail to get quality sleep, and suffer from undiagnosed and untreated sleep-related problems. You are invited to attend this special event to receive a free sleep screening. CPAP product owners also can receive free CPAP equipment pressure checks.

Park Nicollet Methodist Hospital's Sleep Disorders staff and specialists will answer your sleep-related questions and discuss:

- sleep apnea
- insomnia
- restless legs
- dangers of drowsy driving

West Metro A.W.A.K.E.

This event replaces the April 24 West Metro A.W.A.K.E. meeting, co-sponsored by American Sleep Apnea Association.

Location, parking

Park Nicollet Methodist Hospital
Auditorium, Suite G-700
6500 Excelsior Blvd.
St Louis Park, MN 55426

*Discounted event parking is available
in the Orange Lot and Blue Ramp.*

Call 952-993-6083 or visit
parknicollet.com/methodist/sleep
for more information.

